Lake Vyrnwy

A tranquil circular route taking in the breathtaking views of Lake Vyrnwy, a late 19th Century reservoir built to supply water to Merseyside. .11 miles/17km.

Revolution Bike Park

Some of the UK's finest downhill and freeride trails. A mix of traditional natural downhill trails alongside super fun, flowy and progressive man-made and surfaced trails to push your riding to the limit...you'll get as much descent as you can handle in a day. An uplift-assisted bike park nestled in over 120 acres of private woodland situated in the Tanat Valley at the foot of the Berwyn Mountain range.

Lon Las Cymru

The jewel in Wales' cycle touring crown, National Cycle Route 8 weaves a hilly and scenic route from Anglesey to the Bristol Channel, passing through some magnificent Mid Wales landscapes along the way. Across mountain roads & country lanes, passing through historic towns and villages. 250 miles/402km

Elan Valley Trail

A traffic free linear path following the line of the old Birmingham Corporation Railway, passing the visitor centre and majestic Elan Valley reservoirs. The trail offers families, novice cyclists and committed enthusiasts the opportunity to experience this area at its best. Starting just west of Rhayader it finishes at Craig Goch Dam. 8 miles/13km, one way

Route 43

Discover undulating landscapes as you follow country lanes between Llanwrtyd Wells and Builth Wells.

Usk Reservoir Trail

Pack a picnic and enjoy the traffic free, wooded and undulating shores of the Usk Reservoir, where family cycling meets mountain biking in a safe and friendly environment. Plenty of short climbs and descents to challenge riders set amongst some great scenery. 6 miles/10km

Cycle Across the Beacons

Cycle across the Brecon Beacons National Park from Llandeilo to Abergavenny. Panoramic views of the Central Beacons, following a Roman Road and winding along lovely country lanes before joining the pretty tow path by the Monmouthshire and Brecon Canal. 50 miles/80km.

Route 43 - Ystradgynlais

A family friendly route that showcases some of the areas rich industrial heritage and beautiful natural scenery in the landscapes around Ystradaynlais, with breathtaking views toward the Black Mountains and Fforest Fawr. Make a longer trip, on to Swansea, along the Cwm Tawe Cycle Trail. 15 miles/24 km

Taff Trail

Linking Cardiff with Brecon via an almost continuous succession of disused railways, ancient roads and a short length of canal towpath. It offers cyclists a mainly traffic free, journey through some of the finest scenery in the region. .55 mile/ 90km.



Montgomery Canal

Thriving with nature, Montgomery Canal towpath passes through spectacular scenery and rolling hills from Newtown, through Welshpool and on to Llanymynech at the English border. 20 miles/32km

Lon Cambria

Connecting the Victorian seaside town of Aberywtwyth to the historic border town of Shrewsbury. National Route 81 crosses the heart of beautiful Mid Wales through the Cambrian Mountains, along remote mountain roads, alongside the Elan Valley reservoirs and quiet country lanes. 113 miles/181km

Radnor Ring

A circular route on quiet lanes, passing through stunning landscapes and historic towns of Rhayader, Llandrindod Wells, Presteigne and Knighton. Route 825 is the perfect introduction to cycle touring in Wales, with some strenuous climbs and an optional off road section for those that would prefer to ride it on a mountain bike. 84 miles/135 km.

Radnor Forest Trails



An ideal way to discover the hidden beauty of the forest from the start at Fishpools car park. Choose from two waymarked trails, Rhiw Pool 5 miles/8km and the more strenuous 10 mile/10km 'Black Mixen'.

Route 42

Following guiet roads and woodlands from Chepstow, through Usk and Abergavenny. Passing through the Brecon Beacons National Park and the nearby ruins of the fabulous Llanthony Priory before climbing Gospel Pass for spectacular Wye Valley views. Linking with Route 8 at Glasbury and a small loop providing links to Hay on Wye. 64 miles/103km

Monmouthshire & Brecon Canal

Traffic free, almost entirely flat trail along the canal towpath. Starting at Brecon canal basin, follow meandering narrow boats to the working lock and beautifully situated picnic area at 5.5 miles/9km or continue for 35 miles/56km

Garwnant Forest Centre



A woodland ride suitable for all ages and abilities, with some hills. On site facilities, play area, rope course and café. Mini mountain bike trails, the Rowan Trail for first timers, Spruce Trail for intermediates and a skills park for young tricksters. 5 miles/8km, with hilly extension if you fancy it 12 miles/19km.

Cycle Break Centres

Town hubs with a series of, generally circular, signposted routes, extending from relatively short half-day rides to full day trips, at Brecon, Rhayader, Knighton & Presteigne.

Mountain Biking

Explore many off road trails all overPowys, including the hubs at Elan Valley, Machynlleth and Llanwrtyd Wells.